

## Choose a Saint Name

The name you choose needs to be the same gender as yours, and be an officially recognized saint of the Catholic Church.

**Ideas:** Check out the saint with

- Your name, first, last or middle
- Parent, Godparent, or other relative's name
- Some patronage important to you - boy scouts, travel, pilots, accountants, etc.
- A heritage important to you or your family – Spain, Korea, Ireland, Greece

**Websites:** Some websites of Saint directories:

<https://catholicsaints.info/>

<http://www.catholic.org/saints/>

**Books:** Check out a Dictionary of Saints at the Library or borrow from the Faith Formation Office

## Choosing a Sponsor

- Each Candidate is to have one male or female sponsor for Confirmation (not their parent) over the age of 16.
- A sponsor must be a Catholic who has been confirmed, have already celebrated the sacrament of the Holy Eucharist, and lead a life in harmony with the faith and the role to be undertaken. The sponsor form completed by the sponsor's parish must be returned to OLOL.
- It is appropriate for the sponsor to be the Candidate's Godparent.
- The sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.
- Sponsors should be present for Confirmation, for it is for the sponsor to see that the confirmed person acts as a true witness to Christ and faithfully fulfills the obligations connected with this sacrament. If a sponsor cannot be present, a proxy may stand in.